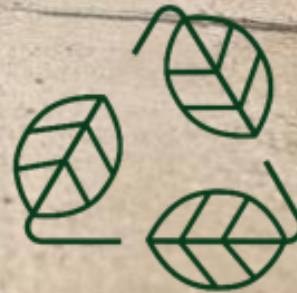


THE MUNGA TOUR

4th to 10th October 2025



THE MUNGA
TOUR 2025



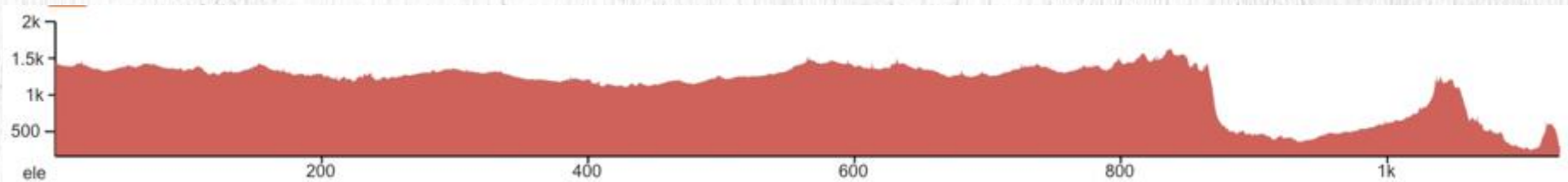
TSHENOLO WASTE

THE MUNGA TOUR

EVERY YEAR IN THE MIDDLE OF THE SOUTH AFRICAN SUMMER, A GROUP OF CRAZY CYCLISTS WILL TAKE ON WHAT HAS BEEN DUBBED 'THE TOUGHEST RACE ON EARTH'...THE MUNGA!

STRETCHING OVER 1000 KILOMETRES, RIDERS HAVE ONLY FIVE DAYS TO MAKE IT THROUGH THE KAROO AND REACH DOOLHOF WINE FARM IN WELLINGTON BEFORE THE CUTOFF. THE WINDS ARE UNRELENTING, THE ROADS SOUL DESTROYING, THE HEAT RELENTLESS AND PULVERISING. FOR SOME, ITS A RACE, FOR OTHERS A PILGRIMAGE. BUT FOR ALL, ITS ABOUT SURVIVAL. THE MUNGA IS MORE THAN JUST A RACE, ITS A CROSS OVER TO THE OTHER SIDE. A GLIMPSE OF THE LIFE WE KNOW WE CAN LIVE, AND A REMINDER OF THE TYPE OF PERSON WE CAN BE. THROUGH ALL OF THIS SOME OF THE QUIET MYSTERY OF THE KAROO IS LOST IN THE EXHAUSTION AND SLEEP DEPRIVATION. **BUT WHAT IF YOU COULD TAKE YOUR TIME AND SAVOUR ALL THE KAROO HAS TO OFFER? WHAT IF WE COULD TAKE YOU WERE IT ALL GOES DOWN, BUT WITHOUT THE PRESSURE OF CUTOFFS AND TEMPO AND EGO?**

WHAT IF YOU COULD TOUR THE MUNGA...





Tour Principles

- ✓ Jack Black will accompany riders every day.
- ✓ You are free to ride at your own pace and we will support every rider.
- ✓ We will have three vehicles that would be in front of the first rider and one behind the last rider, with the third somewhere in between
- ✓ We will set up mini water points with snacks & sandwiches, and or have lunch / brunches along the way each day at the actual Munga WP's/RV's
- ✓ The principle is to start very early (04:00-06:00) & finish by 17:00/18:00 every evening, in order to have a nice shower and to enjoy Dinner & Wine together and talk about the day's experiences.
- ✓ This is a Tour and not a Race if anyone is confused 😊



THE MUNGA
THE TOUGHEST RACE ON EARTH

powered by  SUSTAINABLE ENERGY



Executive Summary of Itinerary:

- ✓ **Day 0 – 4th Oct** Arrive & Check in at Villa Rose Guest House, Bloemfontein
- ✓ **Day 1 – 5th Oct** Bloemfontein to Monte Crous Hotel, Vanderkloofdam (WP1, WP2, RV1)
- ✓ **Day 2 – 6th Oct** Vanderkloofdam to Karoobos Hotel, Britstown (WP3, WP4, RV2)
- ✓ **Day 3 – 7th Oct** Britstown to Jakhalsdans Guest Farm Loxton (WP5, WP6, RV3)
- ✓ **Day 4 – 8th Oct** Loxton to Sutherland Hotel (WP7, Fraserburg, WP8, RV4)
- ✓ **Day 5 – 9th Oct** Sutherland Hotel to Da Doer Padstal (JoJo1, WP9)
- ✓ **Day 6 – 10th Oct** Da Doer Padstal to Doolhof Wines (WP10, RV5/Ceres, Finish)
- ✓ **Day 7 – 11th Oct** From Doolhof Wines - Return home



THE MUNGA
THE TOUGHEST RACE ON EARTH

powered by  SKENOLD WASTE

THE MUNGA TOUR GROUP OF 2024



THE MUNGA

GRADING INDEX – The Munga Tour



PLEASE NOTE:

Every MUNGA tour can be categorized into the grading index illustrated below. This index is a general guide to give you an idea of your chosen rides level of physical, mental and technical difficulty. The Munga Tour listed in this brochure is graded at a difficulty level of **3**.



EASY

I'M CHILLING

Amateur riders and first timers will enjoy this. A typical excursion could take up to a day or a portion of the day to accomplish (eg: A 50km MTB ride out in the Magaliesburg, or the 6hr mini munga ride)



MEDIUM

AVERAGE EXERTION

An up and coming rider will find this a stimulating event with an easy pace. A stage could take up to a day or multiple days to accomplish (eg: A 2 day ride on Munga Grit terrain, or the longer mini munga rides)



HARD

TAXED TO THE MAX

An experienced rider will find this a challenging outing. Requiring narrative and guidance to complete. A stage could take up a good portion of the day or span multiple days to accomplish (eg: Any stage of the Freedom Trail, or touring the Munga Race route.)



BRUTAL

EXTREMELY GRUELLING

A real challenge for the experienced rider. Requiring special skills, knowledge, equipment, in-depth preparation and guidance to complete. (eg: racing Munga Grit)



DESPERATE

ONLY THE FEW SUCCEED

A serious mental or physical challenge for the experienced rider. Requiring specific skills, specialized knowledge and equipment as well as in-depth preparation and guidance to complete. (eg: racing the Munga)





THE MUNGA
THE TOUGHEST RACE ON EARTH
powered by  ESKARO WASTE

DAY 0

MEETING IN BLOEMFONTEIN

FREESTATE

We will meet in Bloemfontein for official Tour Briefing, a lovely dinner and discussing the next 6 days!





DAY 1

RIET RIVIER STEEL BRIDGE TO VANDERKLOOF DAM *SOUTHERN FREESTATE*

DISTANCE: **172km**

ASCENT: 879m

DURATION: About 8 hours

ROUTE BREAKDOWN:

Tar - 3%

Dual track - 92%

District road - 5%

DAY GRADING:



EASY



AVERAGE



DIFFICULT



HARD

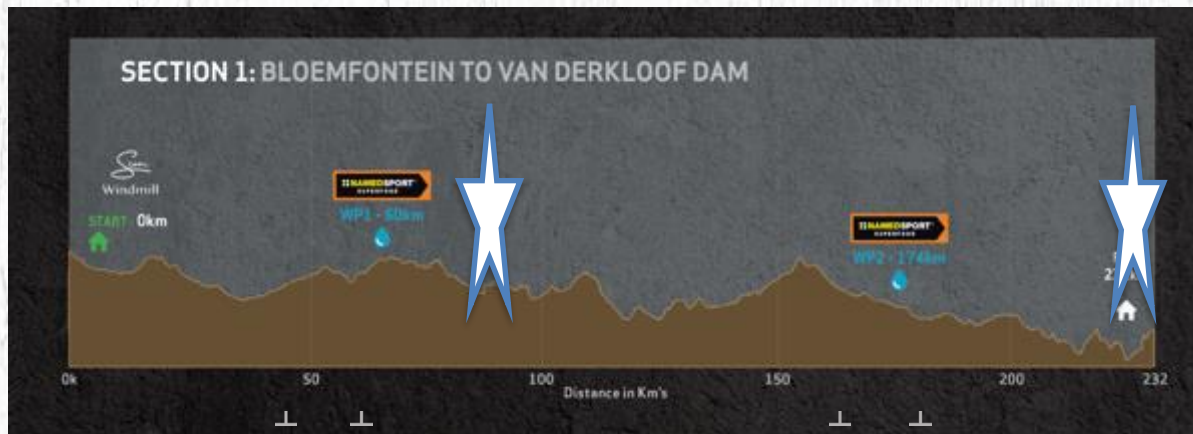


EXTREME

POINTS OF INTEREST:

- The Riet river steel bridge
- Vanderkloof Dam wall

We will start early in Bloemfontein and transfer with vehicles to the Riet Rivier Steel Bridge, close to Fauresmith. We will start here at the iconic Steel Bridge which is a famous landmark for Munga riders on the race (approximately 78km into the race). Long, rolling roads make their way across country past WP2 where we will stop for snacks and drinks. From WP2 we traverse over remote and rugged terrain before the steep climb up to Vanderkloof Dam for our second evening ant Monte-Crause overlooking the beautiful Vanderkloof Dam!.





THE MUNGA

THE TOUGHEST RACE ON EARTH

Photography by: **ERIK VERMEULEN**
erik@erikvermeulen.com



DAY 2:

VANDERKLOOF DAM TO WP3, VREDE FARM

NORTHERN CAPE

DAY 2 GRADING:



DISTANCE: **80km**

ASCENT: 632m

DURATION: About 6 hours

ROUTE BREAKDOWN:

Tar - 2%

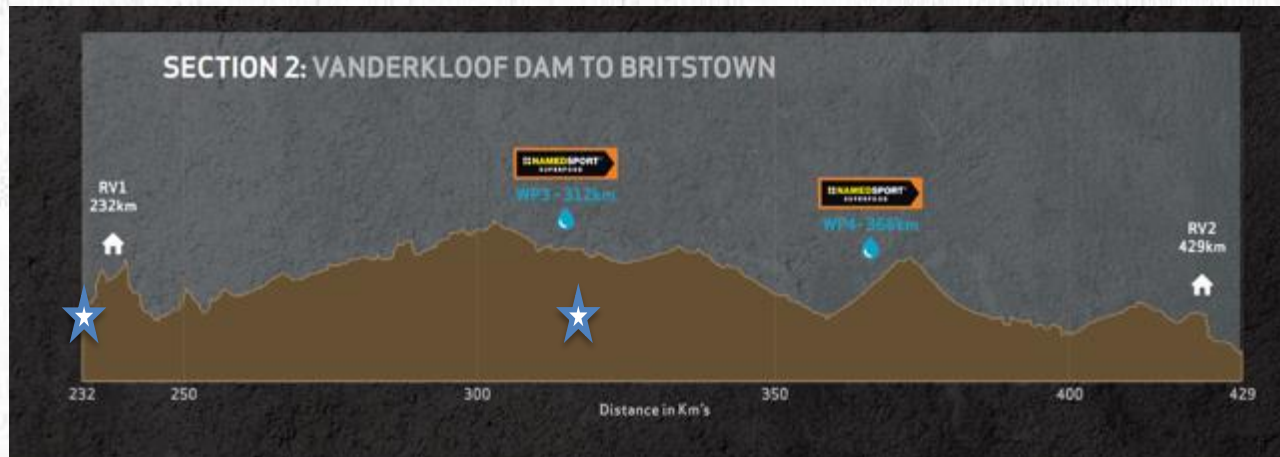
Dual track - 10%

District road - 88%

POINTS OF INTEREST:

- Rolfontein Nature Reserve
- Wolwekuil battlefield
- Moddervlei battlefield
- Transkaroo Hotel

Soon after leaving the Vanderkloof Dam, we enter the Rolfontein Nature Reserve. This is an exquisite piece of nature that most Munga riders unfortunately pass through in the dark. Enjoy the terrain and the Gemsbok! Then its remote dirt roads before we pass through the wild hills of the Boer War battle of Wolwekuil. More roads take us to Vrede and Munga WP 3. Then we jump in the Vehicles for a quick transfer to luxury of the Transkaroo Hotel in Britstown. This is Race Village 2 on the Munga, where we can enjoy tannie Adlene's hospitality, good wines and amazing home cooked meals!





DAY 3:

BRITSTOWN TO VOSBURG

NORTHERN CAPE

DISTANCE: 72km
ASCENT: 358m
DURATION: About 5 hours
ROUTE BREAKDOWN:
Tar - 2%
Dual Track - 5%
District road - 93%

DAY 3 GRADING:



POINTS OF INTEREST:

- Smartt-Syndicate Dam
- Loxton Razzle Dazzle

From the Transkaroo Hotel, Britstown we head out on the Vosburg tar road before turning off onto an old dirt track. This track winds its way through remote country before passing the old Smartt-Syndicate dam. For most of the Munga's history this dam was dry, but the last two years have seen good rain and the return of Flamingos! A strange sight indeed in the middle of the dry karoo. Quiet roads take us past WP5 for a Snack and some light Refreshments before finishing in the town of Vosburg where we will stop for Lamb Pies and Coffee. Then it's a short transfer to Pampoene Poort, WP 6 and onto the beautiful Karoo town of Loxton RV3.





DAY 4:

FRASERBURG TO SUTHLERLAND

NORTHERN CAPE

DAY 4 GRADING:



EASY



AVERAGE



DIFFICULT



HARD



EXTREME

DISTANCE: **117km**

ASCENT: 1032m

DURATION: About 8 hours

ROUTE BREAKDOWN:

Tar - 4%

Dual track - 20%

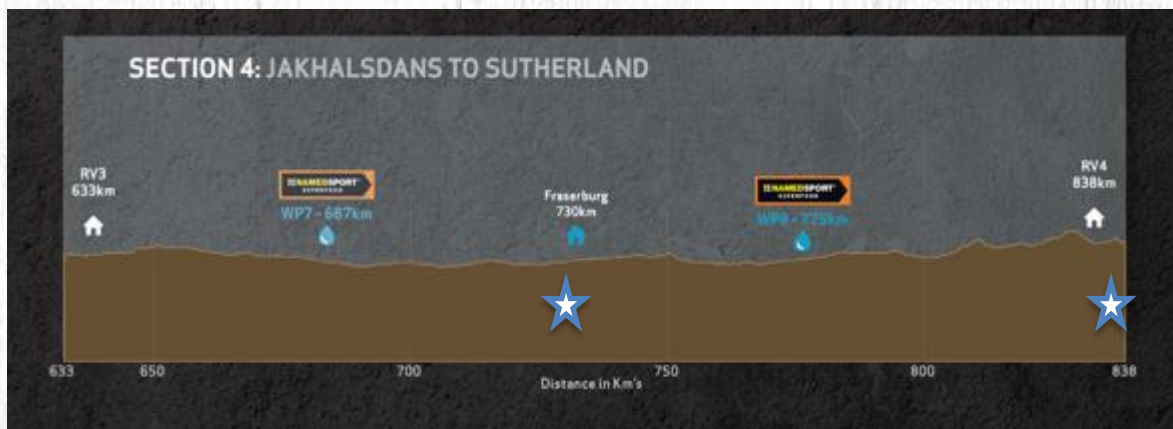
District road - 76%

POINTS OF INTEREST:

- WP 7 Saaifontein
- The town of Fraserburg
- Razzle Dazzle after Fraserburg
- SAOO



This is a longish day and a tough day. From Jakhalsdans we will Transfer you via the Saaifontein where we will view the innovative Container water-point, WP7. Then its off to the small town of Fraserburg for a late breakfast / brunch. Many a tired rider has found refuge at the garage or Spaza but we will have a siut down breakfast ☺! From here we jump on our bikes, and on the other side of town, we head off road onto an infamous piece of dirt that winds treacherously over hostile and remote country, also known as the Fraserburg Razzle Dazzle. Once back on the district road we stop for refreshments at Water Point 8, the farm Cellereyfontein. From here its a long, slow climb up past South African Astronomical Observatory (SAOO) and onto Sutherland.









DAY 5:

SUTHERLAND TO DA DOER FARM WESTERN CAPE

DISTANCE: **111km**

ASCENT: 630m

DURATION: About 8 hours

ROUTE BREAKDOWN:

Tar - 4%

Dual track - 10%

District road - 86%

DAY 5 GRADING:



EASY



AVERAGE



DIFFICULT



HARD

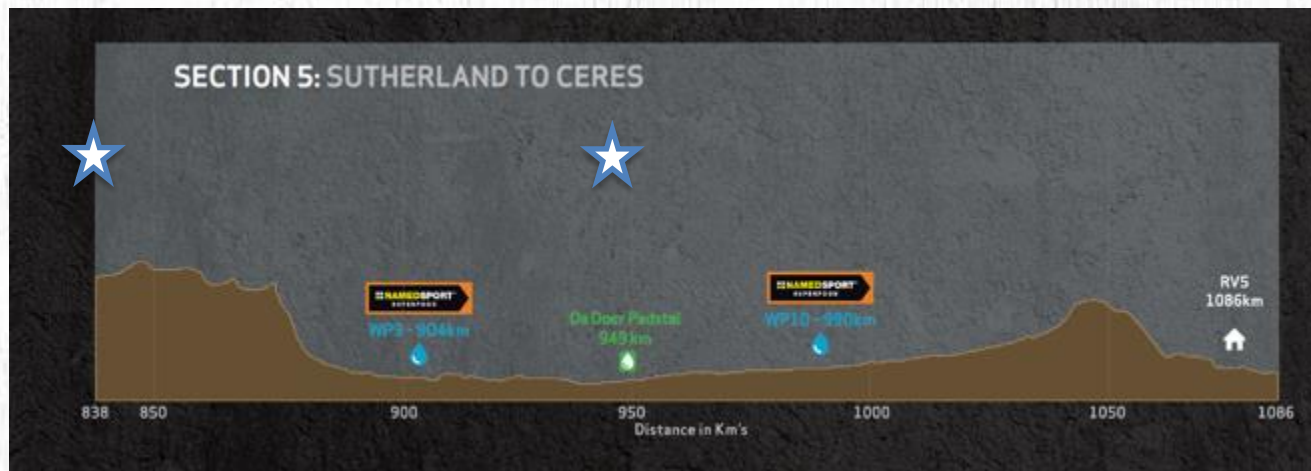


EXTREME

POINTS OF INTEREST:

- Ouberg pass
- The Tankwa!

A wonderful day as we plunge down the escarpment into the famous Tankwa! From Sutherland, we climb up to the remote escarpment and across farm jeep track before we crest the famous Ouberg pass. A snack break at the summit will give us wonderful vistas of the Tankwa desert stretching forever below. Finally we will take the plunge and drop down the steep and rocky pass, before entering the Tankwa. A torrid road will see us eventually arrive at Da Doer Padstal and a welcome ice cold beer and refreshing Swimming Pool. Tonight you will see Star Glazing like you have never seen it before!







DAY 6:

DIE POORT TO DOOLHOF

WESTERN CAPE

DISTANCE: **105km**

ASCENT: 1259m

DURATION: About 6 hours

ROUTE BREAKDOWN:

Tar - 70%

District road - 30%

DAY 6 GRADING:



EASY



AVERAGE



DIFFICULT



HARD



EXTREME

POINTS OF INTEREST:

- Bo-Swaarmoed climb
- Matroosberg Nature Reserve
- Bainskloof pass

Our final day on the trail! Leaving Da Doer, we will transfer you with vehicles through the Tankwa via the famous Padstal, WP10 to Karoo Poort. Here we will climb on our bikes and ride to the end at Doolhof Wine Farm! Starting with the infamous Bo-Swaarmoed pass which is the KOM in the Munga ☺, you will hate us, maybe a little! Windy roads will take us to the the Matroosberg Nature Reserve (RV 5) and then onto the small town of Ceres, as finally we climb the magnificent Bainskloof Pass. Topping out we will take a moment to gaze down at Doolhof wine farm, and imagine what it must be like to be a Munga rider about to finish! Well done for Finishing the Tour! Enjoy the last 2km of Single Track through the Doolhof Farms whereafter we will end of the Tour with a few glasses of Doolhof Wines and a Pizza or two!





TOUR INVESTMENT

**Investment:
R34 900**

**Limited to group
of 15 Riders**

Package includes:

- ✓ Likeminded Mungafarians
- ✓ Access to training rides, packing and theory sessions with Jack Black
- ✓ All meals for the entire tour duration
- ✓ A selection of wines for the evenings, thanks to Doolhof Wines
- ✓ Transfers & support during the day
- ✓ Accommodation in Bloemfontein is included but not at Finish at Doolhof



Sarge!

**To confirm your participation and payment
email jackblack@themunga.com**

SOMETHING SPECIAL

The Munga Race Route tour follows the iconic Munga mountain bike race for the most part. We might on two of the days expose you to some private trails and sections that are not part of the race route, but will advise closer to the time. As such, it is steeped not just in race history, but in the varied and mysterious life that make up a karoo sheep farmer! Some unique aspects include:

- ✓ Touring Roughly 660km of the 1132km km of the iconic Munga Race route
- ✓ Between 800m and 1200m of climbing per day
- ✓ Iconic race sections and passes including the Rolfontein Nature Reserve, Ouberg Pass, some Razzle Dazzles, Bo-Swaarmoed and more!
- ✓ Farm cooked meals in the evenings by some of the Munga race hosts themselves. If you don't eat Lamb this might not be the Tour for you 😊.
- ✓ A selection of fine Doolhof wines to make the days riding more memorable
- ✓ A visit to two remote Boer War battlefields and a short talk at each.
- ✓ Access to vehicle support as much as possible.
- ✓ A chance to earn 3 tour stripes (white), and become a Sarge!

****Please note: The tour starts in Bloemfontein and ends in Wellington. Riders need to arrange their own transport to the start and from the finish. It is possible to have your car driven from Bloemfontein to Doolhof potentially at a fee (TBA). It is also possible to assist with travel arrangements so give us a shout!*



DA DOER
PADSTAL
EN BAR

MUNGA
WELCOME
SAFE
RIDES!



Photos by: Erik Vermeulen and Llewellyn Lloyd

CONTACT ALEX or JACK

For more information you can chat to Alex or Jack on:

TELEPHONE:

Alex +27 (0) 83 383 7378

Jack +27 (0) 82 3747 273

E-MAIL:

alex@themunga.com jackblack@themunga.com



TSHENOLO WASTE



THE MUNGA
TOUR 2025



THE MUNGA TOUR

4th to 10th October 2025