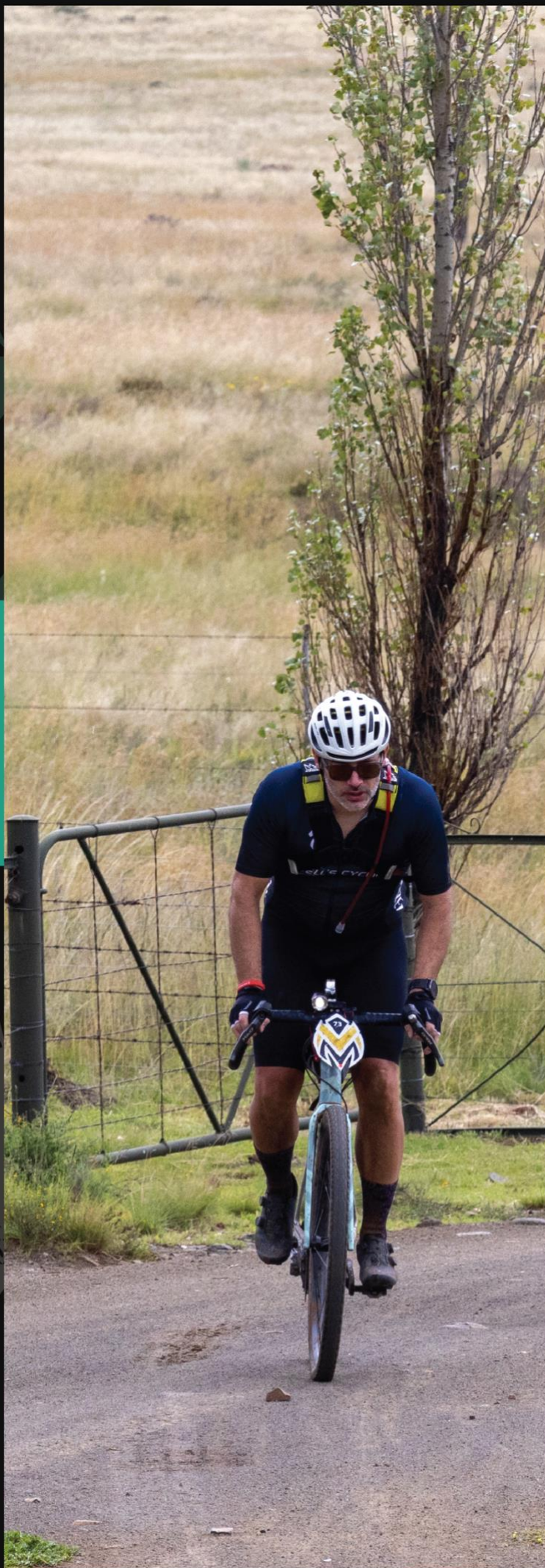




THE 100 MILER

MILES THAT MATTER

RACE RULES 2026



THE 50 MILER & 100 MILER RACE RULES:

NOTE: We have tried to keep these rules as similar as we can to the MUNGA MTB RACES as the flavour and spirit of all events are the same. Knowing one, you should know the others.

INTRODUCTION AND THE DUAL PRINCIPAL APPROACH (DPA):

These rules serve as a guideline for both riders and the Race Director and Commissaire. The riders should use these rules to develop a good understanding of the criteria through which fairness is applied. For the Race Director and Commissaire, these rules will inform and guide their thinking into making a fair decision when dealing with rule infringes and contraventions. The Race Director will use a **Dual Principle Approach (DPA)** in deciding what is a fair decision.

The **two** principles in the DPA are the letter of the law and the spirit or motivation behind the contravention. The following describes what these **two** principles are about:

1. **The letter of the law:** This is the actual rules document that break down the various rules and constructs and consequent penalties. In other words, the Race Director and the Commissaire will look at what the rules specifically say and what the rules' intention is.
2. **The spirit or motivation of the offence:** This means the motivation behind the infringement of the individual will be considered. The Race Director and the Commissaire will look at whether the infringement was a complete accident, or whether the rider intentionally trying to obtain an unfair advantage.

In using the DPA, the Race Director will look at **both** aspects. The first will be easy to determine as the rules document lays out the law so to speak. The second one is harder to determine but the Race Director, along with the Commissaire and any other person that the Race Director deems relevant in the specific case, will assess what motivated the rider when he broke a rule. Using both principles, the Race Director will then make a call whether the infraction has been unfair to other competitors or not, and whether the rider in question has gained an advantage. The ultimate objective is to make a fair decision. The rules are subservient to the principle of fairness.

In addition, 100 Miler is a semi-supported race and as such, there are some unique elements to the Race. This means the parameters and rules need to be clearly defined, appreciated, and understood by all riders. It is the rider's responsibility to make sure he is familiar with and understands all the Rules and the implications thereof, as well as the DPA. If a rider is unclear about any of the Rules, the onus is on the rider to contact the Race organiser and seek clarity.

DISCRETION OF THE CHIEF COMMISSAIRE: Where any additional rule interpretation is required or where a specific provision for any incident has not been made in these rules, the decision of the chief commissaire will be final. There will be no reimbursement of costs to the participant in case of disqualification.

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1 CONTEXT:

- 1.1 These Rules are specific to the 50 & 100 Miler races and are to be read together with the Terms and Conditions as well as the Indemnity Form, signed by the rider during registration.
- 1.2 Upon online registration (on Entry Ninja Portal) and at the event registration, the rider agrees to the terms and conditions of this race and therefore agrees to these rules.
- 1.3 These rules are the complete set of Rules applicable to any of the Munga races.
- 1.4 In the event that a rider fails to comply with any of the Rules, it may result in a penalty, which may include a time penalty, a warning and/or a disqualification. This is at the discretion of the Race Organiser / Race Director.
- 1.5 It is the Race Organiser's right to amend and update the Rules as and when deemed necessary.
- 1.6 The version of the Rules in force at the start of the Race is the version applicable to the Race for its entire duration (on the Website).
- 1.7 The interpretation of any Rule by the Race Organiser and Race Director acting jointly will be final and binding on all Race participants.

2 TERMS AND DEFINITIONS:

For the purposes of the Rules, the following terms shall have the meanings set out below:

- 2.1 "Bicycle" means a vehicle with two wheels of equal diameter. The front wheel shall be steerable; the rear wheel shall be driven through a system comprising pedals and a chain. (UCI)
- 2.2 "Cut-off Time" means 12 (Twelve) hours after the 100 Miler Race start and 6 (Six) Hours for the 50 Miler.
- 2.3 "Race" means 100 Miler single stage mountain bicycle race.
- 2.4 "Rules" means the rules in force at the start of the Race.
- 2.5 Unless it appears otherwise from the context, words importing any one gender shall include the other and words importing the singular shall include the plural and vice versa.
- 2.6 Where figures are referred to in numerals and in words, if there is a conflict between the two, the words shall prevail
- 2.7 The headings of clauses are used for reference purposes only and are not in any way to be deemed to explain, modify, amplify or aid in the interpretation of these Rules.

3 ENTRIES, SUBSTITUTIONS AND CANCELLATIONS:

3.1 ENTRY FEES:

- 3.1.1 The entry fees are specified for each respective Munga event as per the online Entry Ninja Portal.
- 3.1.2 Upon receipt of the full entry fee, confirmation of your race entry will be emailed to you.
- 3.1.3 Your entry is subject to the terms and conditions of any third party with whom we place bookings, arrange accommodation, travel or provide any kind of facilities, sponsorship for or role of any kind for the Munga event. These third-party terms and conditions will be deemed to have been accepted by you.

3.2 RACE CANCELLATION/ ALTERATIONS BY THE MUNGA:

- 3.2.1 The Munga reserves the right to cancel the event, at its sole discretion.
- 3.2.2 In the event of poor weather conditions, The Munga reserves the right to cancel the event, reroute riders, delay the start time or stop the race temporarily. This is for safety reasons, and all factors will be considered by the race director.
- 3.2.3 If the event for which you have entered is cancelled prior to the official start time, the entry fee **may** be credited to the rider for the following year, this is at the sole discretion of the race director. All factors will reasonably be considered for a fair outcome.

3.3 FORCE MAJEURE:

The Munga accepts no liability to make any refund of your entry fee by reason of the cancellation or disruption of the race due to government-imposed lock-down or prohibition, acts of God and circumstances out of our control, such as war, riots, terrorist activity, natural disaster, pandemics, fire, adverse weather conditions, etc.

3.4 CANCELLATION BY RIDER:

Organising such an event has many challenges and can't be left to the last minute. **The refund policy schedule is based on certain suppliers, service providers, and volunteers that have been paid leading up to the preparation of the event weeks and months to the race.** If your deferral or substitution is requested after the last cut-off as stated below, we have already prepared and paid for you to attend the event. It's not a matter of 'carrying-over' the entry (your money) to the following year – it's spent already. Which would mean we are paying you to either not attend this year or ride for free next year – which is not fair, hence warning you upfront. This includes medical reasons as well.

If a rider wishes to cancel their entry to a race, a credit will be granted to them which could be used for any other Munga event, for the following year only (differed entry). This is subject to **clause 3.5.1. to 3.5.3.**

Entries can be deferred to the following year for any other future events **ONCE OFF**.

If the rider wishes to cancel their race entry for any reason after paying the required amount, they will forfeit their entry fee if not used or transferred within 12 months. No exception to this rule.

3.5 CANCELLATION PROCESS:

All cancellations must be submitted in writing to jackblack@themunga.com AND jayden@themunga.com.

The **date of receipt** will determine the applicable terms.

3.5.1 CANCELLATION MORE THAN 8 WEEKS BEFORE THE EVENT:

If a rider cancels more than 8 weeks before the event start date, the rider may be eligible for:

- A **credit of up to 75%** toward a future official Munga event.
- The exact amount retained will be **reasonable and based on costs already incurred**.
- Credits are valid for **12 months** and subject to event availability and a rider can only defer an entry **once** in 12 months.

3.5.2 CANCELLATION BETWEEN 4 AND 8 WEEKS BEFORE THE EVENT:

If a rider cancels between 4 and 8 weeks before the event start date, the rider may be eligible for:

- A **partial credit of up to 50%** toward a future official Munga event.
- The exact amount retained will be **reasonable and based on costs already incurred** and the likelihood of filling the rider's place (**Rider to arrange a substitute rider for their entry**)
- Credits are valid for **12 months** and subject to event availability and a rider can only defer an entry **once** in 12 months.

3.5.3 CANCELLATION WITHIN 4 WEEKS OF THE EVENT:

If a rider cancels within 4 weeks of the event, the rider may be eligible for:

- Be charged **reasonable cancellation fee**, which may be up to **100%** of the entry fee.
- However, if the rider's place is **successfully filled (Rider to arrange a substitute rider for their entry)**, **a partial credit may be considered**.
- Please refer to clause 3.4.1

3.6 RIDER SUBSTITUTIONS:

- 3.6.1 A rider can substitute their entry with another rider.
- 3.6.2 Rider substitutions will only be allowed once, as each entry has one 'life'. In other words, a rider may substitute / transfer his entry only once.
- 3.6.3 Substitutions may be requested up to **1 week before the event** start date.
- 3.6.4 Approval will not be unreasonably withheld.
- 3.6.5 The substitute rider **must** complete **all entry requirements on the online portal and pay the necessary administration fees.**
- 3.6.6 An **administration fee** will apply, based on actual processing costs (typically 10% to 20% of the entry fee).
- 3.6.7 Take note that no rider substitutions will be allowed **less than 7 days before the race start date.**

3.7 TRANSFERS AND CREDITS:

- 3.7.1 Entry fees are not transferable to another rider outside of the approved substitution process via the Entry Ninja Portal.
- 3.7.2 Approved credits may be used for any official Munga event, subject to availability and within the Time Frames above (within 12 months).

3.8 DISCRETION AND FAIRNESS:

The Munga reserves the right to make decisions in exceptional circumstances. All decisions will be made in line with the principles of **fairness, reasonableness, and applicable law**, including the Consumer Protection Act. **Please refer to clause 3.4.1.**

4 TRANSPORTATION OF RIDERS AND BIKES AFTER WITHDRAWAL:

- 4.1 In the event that a rider chooses to withdraw from the race, after the official start time, the rider will be responsible for their own transport from where they withdraw. **We will** assist where possible, but ultimately it is each rider's own responsibility.
- 4.2 In the event that transport is arranged by The Munga or a volunteer, the rider and their bike will be transported to the next Water Point, this is subject to space and possibility by the transport vehicle. Personal Evacuation vehicles are not allowed on the route post the withdrawal of a rider hence discussion with the Race Director is required.

- 4.3 Riders are responsible for arranging their own transport to the race start and from the race finish.
- 4.4 Riders are similarly responsible for arranging their own transport should a rider drop out of a race at any point for any reason, as discussed in clause 4.
- 4.5 If a Rider requires medical attention or a medical facility during the event, our medical team will assess the situation and will take care of the transportation of the individual to the nearest medical facility.
- 4.6 If any person employed or not employed by or is associated with or on behalf of The Munga, undertakes the transportation of any rider for any purpose, such transportation shall take place at the sole risk of the rider.

5 RACE CATEGORY:

The Race is only open to single entries and has 14 (fourteen) categories

Race Category and Price Money:	Men	Ladies	Price Money To Be Confirmed
Elite	✓	✓	TBC
19 to 30 Year	✓	✓	TBC
31 to 40 Year	✓	✓	TBC
41 to 50 Year	✓	✓	TBC
51 to 60 Year	✓	✓	TBC
61 Plus	✓	✓	TBC
E-Bike (Open) 1 Battery only	✓	✓	TBC

NOTE: Above categories are only applicable if there are at least 10 participants per category (Men and Ladies) in order to win Prize Money.

6 PRIZE MONEY:

- 6.1 Prize Money varies from year to year and from event to event.
- 6.2 Participants will be notified thereof during the year via the official communication channels and specifically the Rider Prep Document that the Rider receives before the event.
- 6.3 No prize money will be paid to any winners until an official notice has been issued by SAIDS (South African Institute for drug free Sport) clearing athletes concerned.

- 6.4 Please note that the win is provisional until all winning criteria are met, which includes compliance to the event and UCI / CSA rules and regulations. To be in contention for the stage prize money, the rider has to finish the race. The final decision lies with the race commissaire panel.
- 6.5 Riders must be present at prize giving to receive prize money. If they do not comply, they will forfeit their prize money.

7 RIDERS:

- 7.1 All riders that take part in the Race agree to be bound by the Rules and the Terms and Conditions of the Race. Riders who do not agree to the aforesaid may not participate in the Race.
- 7.2 Riders may only enter the race as a single participant but may ride in groups. There is no team category.
- 7.3 In order for a rider to be classified as having “finished” the Race, they must:
- 7.3.1 Follow all the rules of the race as well as the stipulated terms & conditions.
 - 7.3.2 Complete the full distance and cross the finish line within the cut-off period.
- 7.4 Only riders that finish the Race are eligible for prizes, as advertised before the event. There needs to be 10 riders per category to qualify for Prize Money as per section 7.
- 7.5 Riders may cross the finish line on foot provided that they have their bicycles complete with them, which includes both wheels.
- 7.6 Riders may carry clothing, bicycle equipment, sports products and nutrition (“equipment”) with them, provided it is legal. The Race organiser reserves the right to confiscate equipment that they, in their sole discretion, deem to be illegal or inappropriate for a Race of this nature.
- 7.7 Each rider may only use their own physical power to move their bicycle forward.
- 7.8 Riders may use e-Bikes but can only compete in the E-Bike Open Category and riders can switch their batteries at the half-mark point/spectator point.
- 7.9 Every rider must scan in/out at all Water Points situated at the clearly marked Water Point.
- 7.10 No towing of any form is allowed.
- 7.11 A rider may not give their bicycle frame to another rider unless with the permission of the Race Director.
- 7.12 Riders can stop for as long as they choose to at the water points within the water point cutoff times.

- 7.13 The Race cut off is 12 hours after the start gun goes off for the Race. Those riders that are still out in the field after the cut off time will be collected with their bicycles and equipment in sweeper vehicles and transported to the next water point along the route. Riders that missed a cut-off are not allowed to continue. From this water point transportation will be at the rider's own cost and own responsibility to arrange. The Water Point or Race Organisers cannot assist.
- 7.14 The minimum age of a rider is 18 (eighteen) years old on or before the date on which the Race begins.
- 7.15 E-Mountain Bike events are open to riders aged 19 and over.

8 REGISTRATION:

- 8.1 Race registration will take place at the start venue at a specific time and place as revealed in the Race Prep documents that are sent to riders.
- 8.2 It is the responsibility of each rider to make sure that they receive the Race Prep documents, as well as familiarize themselves with it.
- 8.3 It is the responsibility of each rider to join and follow the Official WhatsApp group created for the event. By entering a race, the rider consents (in compliance with the POPI Act) to join the WhatsApp group, this is simply the easiest way to communicate official race information.
- 8.4 The exact location will be publicly revealed at the discretion of the race organiser, but no later than one week before the start of the race.
- 8.5 Riders must report for registration at the published time & present all of the following:
- A physical photo ID
 - Indemnity form (Receive at the Registration Desk)

9 RIDER IDENTIFICATION AND MARKINGS:

- 9.1 Riders must display their race numbers at all times.
- 9.2 Bike numbers must be firmly fixed on the front of the bike and may not be obscured by cables or any other item.
- 9.3 Race numbers may not be modified or mutilated in any way, including cutting, adding stickers, removing existing stickers or trimming.
- 9.4 Removing or obscuring any official sponsor logos or advertising may result in disqualification from the race.
- 9.5 Race and category leaders are obliged to wear the leader jerseys supplied by Faces ADVENDURANCE.

10 TIMING, TRACKERS AND NFC ARMBANDS:

- 10.1 Riders have to report to the start line at least 30 minutes before the start of their race.
- 10.2 Riders will be briefed 15 minutes before the start.
- 10.3 In the event of a batched start, riders will be briefed before the start of each batch.
- 10.4 The start line will remain open for 15 minutes after the start “gun”.
- 10.5 Riders who do not reach designated cut-off points in time will be prevented from continuing, swept from the course, and classified as DNF (did not finish).
- 10.6 Cut-off points can be enforced at any time if the organisers deem the situation as unsafe.
- 10.7 Riders who start in a batch higher than the one they were batched in, will be summarily disqualified.
- 10.8 Riders may start in a group lower down. The rider is responsible for reporting this to the timing personnel to ensure accurate times.
- 10.9 Riders are only eligible for the overall prize podium if they start in the first batch at a particular distance.
- 10.10 Once the Race starts, the Race clock begins and will not stop until the Cut-off Time 12 (twelve) hours later.
- 10.11 Each rider might carry a working Spot tracker and / or an NFC Armband for the duration of the Race. This will depend on Race to Race and will be communicated accordingly.
- 10.12 Each rider will sign for their tracker at registration, and it is their responsibility to return it or pay for its replacement at R3,000 (Three Thousand Rand). The NFC armband should also be returned or a fee of R100 (One Hundred Rand) will be invoiced as a replacement fee
- 10.13 The tracker will be loaded with AAA batteries that should be sufficient for the duration of the race. If a tracker shows low battery levels, the Water lead will swap out the batteries.
- 10.14 **No rider may swap a tracker** with another rider under any circumstance whatsoever.
- 10.15 Each rider is allowed to carry only one tracker at a time.

11 RACE START:

- 11.1 The Race start chute will open one hour before the start of the Race unless communicated otherwise.
- 11.2 There is no staggered or seeded start. All riders will start in the same chute and batch at the same time.

- 11.3 The start chute will close twenty minutes before the Race start.
- 11.4 Riders must enter the start chute with their own bicycles.
- 11.5 No rider is allowed to start late without approval of the Race organiser.
- 11.6 Any rider who cannot make the start must report to the Race organiser immediately.

12 RACE ROUTE:

- 12.1 All riders must follow the designated Race route via their GPS Devices and may not deviate therefrom in any circumstances whatsoever. There might or might not be Route Markings.
- 12.2 This race is in essence a GPS Navigation race and riders should have the route downloaded before the race. It is the Rider's responsibility to load the route and to operate the GPS device before the event start.
- 12.3 If a rider inadvertently leaves the Race route, he must return to the Race route at the same point at which he left it. Exception to this rule is at the discretion of the Race Director.
- 12.4 No rider shall trespass at any time on land which is not open to the public.
- 12.5 Riders may backtrack if they choose, provided they are considerate of other riders.
- 12.6 Any walking, running or riding which is carried out without the intention of directly re-joining the route, or any other activity in breach of the Rules, which takes place outside of the marked route, is not permitted.
- 12.7 The Race route will be made available to the riders in GPS format at a time decided on by the race director.
- 12.8 Some parts of the race route may be marked, and navigation is the responsibility of the rider.
- 12.9 The Race route and distance may vary from the published distance or route, and no rider shall have any claim against the Race Director arising therefrom.
- 12.10 No short cuts are permitted.
- 12.11 Riders may never be in, on or attached, in any form or manner, to a motorized vehicle, unless deemed necessary by the Race Director. If there is a medical situation the Race Director may allow a rider to be taken for medical attention to the closest facility and allow the rider to return to the point where the rider left the course. Only official staff, or extended Munga staff for the event can be approved by the Race Director and would be allowed to transport a rider in such a scenario.
- 12.12 The Race Director has the right to change the route at any time if it is deemed necessary.

- 12.13 Parts of the Race will take place on public roads, these roads will not be closed to public traffic and as such, normal traffic regulations must be always observed during the Race. This means riding on the left-hand side of the road and obeying all the rules of the road.
- 12.14 The instructions of marshals along the route must strictly be always adhered to. Failure to do so may result in a warning or a disqualification

13 BICYCLE REQUIREMENTS AND LIMITATIONS:

- 13.1 Riders may use any type of mountain bicycle provided it is in good working order and race ready prior to the start of the Race.
- 13.2 Riders **MAY** use a MTB
- 13.3 Riders **MAY** use a Gravel bicycle
- 13.4 Riders **MAY** use a tandem mountain bicycle.
- 13.5 Riders **MAY** use a cyclo-cross bicycle.
- 13.6 Riders **MAY** use an e-Bike (in the E-Bike category)
- 13.7 Riders may only use **one** bicycle. The bicycle on which the rider starts the Race is the same bicycle on which the rider must finish the Race, unless authorization is granted by the Race Director.
- 13.8 For purposes of the Race, a “bicycle” constitutes the frame. Riders may replace any part of the bicycle other than the frame. This includes wheels, rims and brakes.
- 13.9 Riders may use any form of GPS or bicycle computers for navigation.
- 13.10 All bicycles must always be marked with the official Race boards.
- 13.11 Bicycles are only allowed to be propelled by a chain set and the rider’s physical power, no other form of assistance is permitted, e.g. electrical (unless E-Bike Category), a windsock or any other assistance which may be deemed to be against the spirit of the race.
- 13.12 It is the rider’s responsibility to ensure that their bicycle is adequately marked with the appropriate boards. No unmarked bicycle will be allowed onto the start line.
- 13.13 Each rider is responsible for the maintenance and repair of their own bicycle for the duration of the Race.

14 COMPULSORY EQUIPMENT:

- 14.1 Every rider must carry a space blanket and basic medical kit.
- 14.2 Every rider must have the capacity to carry at least 1.5 litres of water.
- 14.3 Every rider must carry a fully charged mobile phone.
- 14.4 Every rider must carry a functioning tracker – if applicable for the race (we supply)
- 14.5 Every Rider must carry NFC armband – if applicable for the race (we supply)
- 14.6 Every rider must carry a working Front Bicycle light.
- 14.7 Every rider must carry a working Back / Tail Bicycle light.
- 14.8 Every rider must carry a working GPS unit, and preferably a backup device.
- 14.9 Every rider must wear a Bicycle Helmet:
 - All riders must ride the entire route with a helmet.
 - Helmets may only be removed once the rider has dismounted their bicycle.
 - A helmet must comply with the international 'ANSI' standards.
 - Any rider found during the Race and on their bicycle without a helmet will be disqualified.
 - Helmets must be securely fastened with a chin strap at all times when a rider is mounted on their bicycle.

NOTE: The nature of the Munga race makes it impractical to always enforce rules 14.1 to 14.9. Thus, compulsory equipment will be checked at Registration. If a rider chooses to leave something behind or loses an item on the checklist during the race, it is the riders' responsibility to either go without it or replace it. In the opinion of the Race Director, such a rider will be at a disadvantage. However, by entering the Munga, the rider declares he/she is an adult, and we will treat them as such.

15 START TIMES AND SEEDING:

- 15.1 The start time for the Race will be confirmed at the Race briefing.
- 15.2 There is no seeding, and all competitors will start at the same time together.
- 15.3 Any rider that misses the Race start can start later but no later than one hour after the official start time and only with approval of the Race Director.

16 CHECKPOINTS:

- 16.1 There are Water Points along the route. These will also serve as checkpoints.
- 16.2 It is compulsory for all riders to scan their NFC armband at every indicated point – to be communicated.
- 16.3 If a rider is not planning to stop at a checkpoint, they must still scan in and out as per the Race briefing.
- 16.4 Hidden checkpoints may also form part of the Race. The location of these hidden checkpoints will not be published but the Rules applying to the official Water Points will apply to the hidden checkpoints mutatis mutandis.

17 NUTRITION AND HYDRATION:

- 17.1 Riders retain the ultimate responsibility to carry enough water and nutrition with them.
- 17.2 Faces ADVENDURANCE will provide water at official water points on the route.
- 17.3 The Water Points will provide food and drinks to the riders.
- 17.4 These Water Points will be situated various distances apart.
- 17.5 The Race Director reserves the right to change the location and distance of these Water Points
- 17.6 Only liquids and race type snacks will be available at these points. No excessive use of water other than for drinking will be permitted at these water points.
- 17.7 It is the rider's responsibility to ensure they carry enough food and water between these checkpoints and water stations.

18 RIDER SUPPORT AND LIMITATIONS:

Including but not limited to: food, water, mechanical and medical assistance:

- 18.1 Each of the Water Point will have food and drinks available for the duration of the race.
- 18.2 Some Water Points may have a mechanical bay available.
- 18.3 Riders may not receive any kind of pre-arranged assistance or support along the route, including at any of the Water Points. This includes water bottles and snacks other than what is provided by The Munga.
- 18.4 For purposes of these Rules, "pre-arranged" means that a rider has arranged to receive something along the route that no other competitor would have access to.
- 18.5 At the Water Points, riders may receive Race-supplied support only.

- 18.6 Riders may carry whatever mechanical spares they feel they need in order to carry out their own repairs on route outside of the Water Points
- 18.7 Riders may receive any form of assistance from any other rider in the Race both in and out of the Race stations and anywhere along the route.
- 18.8 Riders may not exchange bicycles unless they have with permission from the Race Director.
- 18.9 Other than the Water Points, the route may also run through towns or villages. Riders may, within the ambit of these Rules, use what is commercially available in these towns.

THIS INCLUDES:

- 18.10 Riders may buy food and drinks in these towns.
- 18.11 Riders may rest in these towns.
- 18.12 Riders may use any commercial bicycle shop in these towns.

PLEASE TAKE NOTE OF WHAT IS PROHIBITED IN THE TOWNS ALONG THE ROUTE:

- 18.13 Riders may not receive any physical help or support from friends or family in these towns.
- 18.14 Riders may not receive any emotional or psychological support from friends or family in these towns and in the towns where the Water Points are located, this support includes but is not limited to encouragement.

NOTE: NO family member **OR** friend will or may have access to the actual Water Point. We cannot stop them from coming into the towns where the Water Points are located, but they will not be allowed to enter the venue itself. Any friends or family members of a rider found inside or around the WPS will be kindly asked to leave, and their corresponding rider will receive a time penalty of at least 3 hours.

19 DRAFTING:

- 19.1 Drafting of another rider on a bicycle is NOT ALLOWED from 2026.
- 19.2 There must be a distance of 10 meters between riders on the same side of the road, although Riders may ride side-by-side on the opposite sides of the road or at least 3 (three) meters apart.
- 19.3 No rider may draft behind any motorized vehicle of any sort at any time during the Race.
- 19.4 Drafting on a non-participant cyclist, or on a motorized vehicle will result in disqualification.
- 19.5 Fellow Riders can report this by taking a Photo and sending it to the Race Director.
- 19.6 Riders will be penalized 10 hours per incident.
- 19.7 After the 3rd penalty the rider will be disqualified.
- 19.8 The penalty might be a penalty that you have to sit out at a “specific” penalty zone/point (this might not be a race village or water point) or the time might be added to the rider’s overall time.

NOTE: Although the drafting rule is very hard to enforce, as we do not have any commissaires on route, we believe it is the fellow riders’ responsibility to manage and enforce the rule. The drafting rule is always controversial for the Ladies Racing category, hence deciding to keep the playing fields clean and simple for Men and Ladies! **NB!!!** Drafting is allowed from the start to WP 1

20 LICENSING:

Some Munga 100 Miler events are currently CSA sanctioned events. We will communicate accordingly.

21 MEDICAL:

- 21.1 Due to the nature of this race, the Race medical team reserves the right to withdraw any rider from the Race if, in their opinion, it is deemed medically necessary.
- 21.2 The Race is not simply an ordinary mountain bicycle race; it is arguably tough and hard and will place enormous physiological and mental stress on each rider's body.
- 21.3 A rider who has withdrawn from the Race will have no claim whatsoever against the Race organiser, its affiliates or any of its sub-contractors arising thereof.
- 21.4 It is the rider's responsibility to make sure that they are in good health and adequately trained for the Race.
- 21.5 It is the rider's responsibility to always carry their own 1st Aid kit, and the rider must also be knowledgeable in its effective use.
- 21.6 Personal safety is the rider's responsibility. Riders should not expect to see medical support on route between the Water Points. Medical support will be based primarily at Water Points and will respond to trauma on route as soon as is possible.

22 TRACKING:

- 22.1 Tracking will differ from event to event. Specifically, the 100 Miler events.
- 22.2 Every rider must carry a Munga issued tracking device – if applicable for the race (we supply).
- 22.3 The tracker is not a pre-requisite for determining the legitimacy of the rider's route or time, as a tracker could stop working or be lost, and cannot be held against the rider, as this will be against the spirit of the Munga.
- 22.4 Please note that the tracking devices are there firstly to assist Race Official and support staff to identify where riders are, should they require assistance. Secondly, to provide family and friends with the ability to follow their rider and enhance the enjoyment and participation in the Munga events.
- 22.5 The tracking system can however be used to track back and see the riders route history if deemed necessary by the Race Director or Race Officials for any reason and be used in their decision making.

- 22.6 Once the rider takes possession of the tracker, they will be responsible for it. Riders that have lost or damaged their tracking unit will be held liable for the cost of replacement of the unit and will be invoiced accordingly. The tracker must be returned to The Munga team after the end of the event.

23 PROTESTS AND COMPLAINTS:

- 23.1 If a rider has any complaint or protest, they must submit the complaint or protest after they crossed the finish line, provided that they are not in breach of the Rules.
- 23.2 Riders have one hour to submit a complaint or protest after the Race Cut-off Time.
- 23.3 The complaint or protest must be made in writing to the Race Director (jackblack@themunga.com).
- 23.4 In all matters relating to the rules, complaints, protests, or interpreting any of the above-mentioned aspects, the Race Director and / the Chief Commissaire's decision is final and binding.

24 RACE WITHDRAWAL:

- 24.1 Participants who wish to withdraw from the race must inform the organisers immediately.
- 24.2 Failure to inform the race directors may cause a search and rescue action, the cost of which will be charged to the participant's account.
- 24.3 If you need to withdraw from the race for whatever reason, you need to inform anyone of the following personnel directly:
- Paramedics
 - Faces ADVENTURANCE personnel at any one of the checkpoints.
 - Inform the race official on the motorcycle
 - Call our emergency number on the race documentation.
- 24.4 Merely informing another participant of your withdrawal will not be deemed sufficient notice of withdrawal. In such an instance, the race organisers cannot be held liable for any search party costs.
- 24.5 If you need to withdraw from the race and find yourself before the halfway point, a sweep vehicle will recover you from the route and take you to the halfway point. You will be responsible for arranging your own and your bike transfer from there.

- 24.6 If you need to withdraw from the race at any point between the halfway mark and the finish, a sweep vehicle will recover you from the route and take you to the finish. You will be responsible for arranging your own and your bike's transfer back to the start.

25 DISQUALIFICATION:

A rider may at any time (during or after the race) be disqualified for any of the following reasons:

- 25.1 A rider using any power other than their own physical power to move their bicycle forward along the route (other than the E-Bike Category).
- 25.2 A rider climbing into a vehicle with the intention of continuing to Race at an advantage.
- 25.3 A rider failing to scan in or out of one of the Water Point checkpoints.
- 25.4 A rider physically towing another rider.
- 25.5 A rider being younger than the minimum stipulated Race age (18 Years).
- 25.6 A rider failing to adequately display their bicycle number or their Race number.
- 25.7 A rider found off the Race route and behaving in a manner that the Race organiser deems to be contrary to the spirit of the Race.
- 25.8 A rider found taking a short cut.
- 25.9 A rider found taking down or defacing route markings.
- 25.10 A rider found to be ignoring or contravening the traffic regulations on public roads.
- 25.11 A rider found to be using a different bicycle frame to that on which they started the Race.
- 25.12 A rider found without a helmet outside of one of the Race stations and on their bicycle.
- 25.13 A rider found without one of the compulsory pieces of equipment.
- 25.14 A rider who starts the Race later than one hour after the official Race start time and does not have approval to do so.
- 25.15 A rider receiving prearranged support anywhere along the route or in the Race stations.
- 25.16 A rider found without a working tracker due to the wilful intention of the rider.
- 25.17 A rider found littering.
- 25.18 A rider behaving in a way that the Race Director and/or chief Commissaire deem to be inappropriate, contrary to the spirit of the Race or otherwise in bad faith.
- 25.19 It is the Race Directors sole discretion to disqualify a rider. As such, after assessing the evidence and applying the DPA, they may decide not to disqualify the rider.

26 ENVIRONMENTAL CONSIDERATIONS:

- 26.1 In the spirit of mountain biking, it is incumbent on each rider to respect the environment. As such, each rider must also adhere to the following rules, or could face a penalty or disqualification:
- No littering of any form will be tolerated, including but not limited to dropping food packaging, bottles, and bicycle spares.
 - Smoking is not allowed anywhere along the route; this is to prevent fire.
 - No rider is allowed to wilfully damage any plant, bush or wildlife.
 - **Not closing** Farm Gates is an offence which would lead to disqualification.
- 26.2 We will enforce stiff penalties for littering, cutting trails, and environmental abuse. Every participant who is caught disregarding the environment will be fined R200 (two hundred Rand) for the first offence and disqualified for the second offence.
- 26.3 In the case of environmental concerns, Faces ADVENDURANCE has the right to cancel, delay, or reroute the race. Participants will not be reimbursed if the event or part of an event had to be cancelled due to environmental conditions that were out of Faces ADVENDURANCE's control.

27 DOPING:

- 27.1 The Race attempts to conform to the World Anti-Doping Agency Code and as such adopts a zero-tolerance policy towards doping in all its forms.
- 27.2 For the WADA code and more information, please see the following WADA:
<https://www.wada-ama.org/en/what-we-do/world-anti-doping-code>
- 27.3 The Race Director reserves the right to test all participants as and when it deems appropriate, and no rider may object thereto.
- 27.4 The top ten finishing riders can expect to be tested as part of the normal Race procedure.
- 27.5 All riders can expect random testing throughout the race; this will be at the race Organiser's discretion.
- 27.6 Any Rider caught doping will be banned from The Munga Race for life.

28 E-MOUNTAIN BIKE REGULATIONS:

- 28.1 An E-Mountain Bike is a bike operated with two energy sources, human pedal power and an electric engine, which only provides assistance when the rider is pedalling.
- 28.2 An E-Mountain bike must conform to the following bike standards:
- Engine of maximum 250 watts
 - Engine assistance up to 25km/h
 - Pedalling assistance only, although start-up assistance not exceeding 6km/h without pedalling is allowed.
- 28.3 E-Mountain Bike events are open to riders aged 19 and over.
- 28.4 E-bike riders can switch their batteries at the half-mark point/spectator point.

29 EVENT BATCHING:

- 29.1 Riders need to ensure they start in your allotted batch.
- 29.2 If you need to change your batch, please arrange a batch change with the registration personnel.

30 SAFETY RULES – FAIR PLAY & BAD SPORTSMANSHIP:

FAIR PLAY:

- 30.1 Slower participants must make way for faster riders.
- 30.2 Riders must take caution when the route is not clear or coming to an intersection or road crossing.
- 30.3 Riders should be prepared to brake before steep downhills.
- 30.4 Riders must obey all traffic rules.
- 30.5 Bike repairs should be done in a visible area on the edge of the trail, road or path and not on the trail itself.
- 30.6 In case of a sprint to the finish, you must hold your line.
- 30.7 No outside seconding or assistance is permitted under any circumstances.
- 30.8 Outside assistance includes assisting with bike maintenance, water and nutrition support and physically assisting riders.

BAD SPORTSMANSHIP:

30.9 These rules are essential to the safety of riders and if disregarded may lead to immediate disqualification. Faces ADVENTURANCE has the right to disqualify any participant on the following grounds:

- Technical or equipment problems.
- If a rider has been declared medically unfit to ride by a medical official.
- Disregarding any of the fair play rules.
- Unsportsmanlike behaviour.
- “Pushing” or “pulling” by a third party.
- Any disrespect to the environment or race personnel.
- Not wearing a helmet.
- All helmets must comply with international ‘ANSI’ standards.
- Appropriate riding attire, including a shirt, must be worn at all times.
- Smoking on the route is not permitted.

31 BASIC MOUNTAIN BIKE RACING RULES & ETIQUETTE:

31.1 Riders must complete the entire route, and the responsibility for following the official route lies with the rider.

31.2 A rider is not permitted to take any shortcuts or take advantage of a similar nature against competitors.

31.3 Riders who exit the course for any reason must return to the course at the same position exactly.

31.4 Any walking, running, or riding by a rider carried out without the intention of directly re-joining the course or other activity in breach of the regulations outside the marked course area can result in disqualification.

31.5 A rider cannot receive technical assistance from an outside party along the course.

31.6 Riders must respect the countryside and ride only on the official route.